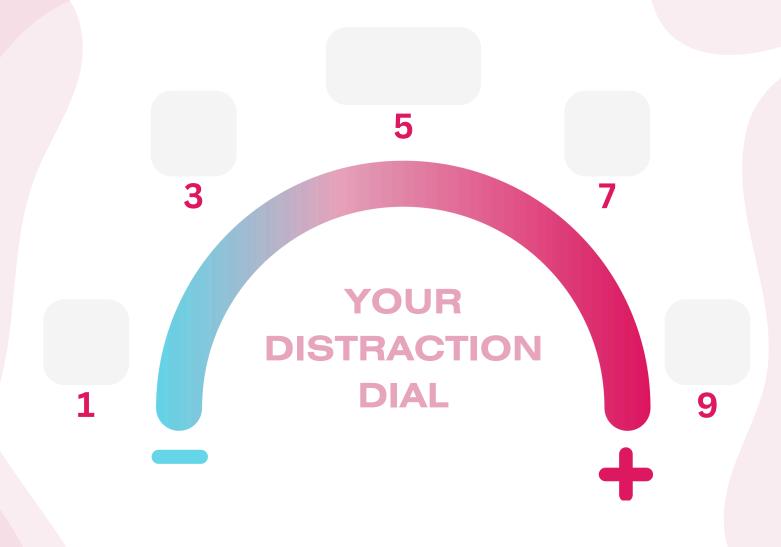


Note:

This dial just shows auditory distractions, but you have 5 senses. You also might need a timer to help with the transitions between levels.





Notes:

